

DEAR FRIENDS,

Through the Moms Too Program at Navajo Ministries, we are able to bring hope and restoration to single moms and their children. Since 1996 we have seen dozens of mothers find direction and purpose for their families.

The Moms Too Home is supervised by two mentoring moms who provide leadership and direction to those who come to us for help. They provide assistance with education challenges, career goal setting, budgeting, parenting skills, family management, nutrition and Christian discipleship. Our certified counselor also meets with them regularly.

Most of these moms spend six months to one year in this live-in program. One particular mom spent 18 months with us. While dressed in cap and gown and holding her little one, on her graduation day from high school she said, *"I graduated, got my driver's license, learned how to be a responsible parent and set goals for myself. I have committed my life to Christ. I thank everyone who helped me."*

We need \$8,000 per month to operate this vital program to single moms and their children. Will you help us with a gift for this month's needs? We constantly have requests from moms to enter this program. In the future we want to add a second home for this purpose.

If you would like to become a **\$25 monthly sponsor** of the Moms Too Program, simply check the box on the other side of this form. All monthly supporters will receive a complimentary, matted, 8 X 10" color print of a Navajo mother and child created by Navajo artist, Mark Silversmith.



Thank you, *aháhee'* for your support of the moms and kids.

*James D. Baker*  
JAMES D. BAKER  
PRESIDENT

PROVIDING HOPE AND RESTORATION TO FAMILIES IN THE FOUR CORNERS REGION THROUGH PROGRAMS THAT ESTABLISH SELF-SUFFICIENCY, RESILIENCE AND CHRISTIAN VALUES.

**Four Corners Home for Children**  
**Extended Care Homes**  
**Kids in Crisis**  
**On-Site School**  
**Moms Too**  
**Cross-Cultural Ministry**  
**Restored Warriors**  
**Reservation Outreach**  
**Counseling Center**  
**Counseling**  
**Play Therapy**  
**Seminars**  
**KNMI Vertical Radio 88.9 FM**  
**Prayer Center**

*Aghaa' yisdizíí* is a strand of yarn used for weaving, just as this communication weaves together our ministry with those of you who make it possible through prayer and support. We hope you will share this strand of hope and restoration with others so they too can be part of the wholeness of our ministry's mission.

*And if one can overpower him who is alone, two can resist him.  
A cord of three strands is not quickly torn apart.*  
Ecclesiastes 4:12 NAS



NAVAJO  
MINISTRIES

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Amá bééháníih  
MOTHER'S DAY

*Her children arise and call her blessed . . .  
Many women do noble things, but you surpass them all."*  
Proverbs 31:28-29

# Amá bééháníih

Amá bééháníih is Navajo for Mother's Day. Motherhood is significant among all cultures; however it is particularly important among the Navajo because of the Matriarchal society. The mother is a greater influence on children's spiritual and physical growth.

# MOTHER'S DAY

*Her children arise and call her blessed . . .  
Many women do noble things, but you surpass them all."*  
Proverbs 31:28-29

# Ahéhee' THANK YOU

**MOMS TOO MONTHLY SPONSOR**   
I/We wish to become a monthly sponsor of the Moms Too program. Enclosed is my/our first month's sponsorship of \$\_\_\_\_\_.  
*Your sponsorship of \$25 per month or more is greatly appreciated.*

### GENERAL GIFT

Enclosed is a check for \$\_\_\_\_\_ made payable to Navajo Ministries. I/we understand that this contribution is tax deductible.

Please charge my/our:

Visa  MasterCard  Discover  AmEx

in the amount of \$ \_\_\_\_\_

Card# \_\_\_\_\_ Exp. Date \_\_\_\_\_

Authorized Cardholder Signature \_\_\_\_\_

**You can donate securely On-Line at  
[www.NavajoMinistries.org](http://www.NavajoMinistries.org)**

Name \_\_\_\_\_

Business/Organization \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Daytime Phone \_\_\_\_\_ Evening Phone \_\_\_\_\_

Email Address \_\_\_\_\_



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MINISTRIES**

Kindly return this form and any contributions in the envelope provided or in an envelope addressed to:  
PO Box 1230  
Farmington, NM 87499



### Shima

*My Mother*

When Navajos introduce themselves, it is important to refer to their clan. While a proper introduction includes clan identification, it is just as important to tell about your parents. When referring to mother in Navajo one would say Shima, my mother. Amá is Navajo for mother.

### Amá bééháníih

*Mother's Day*

Mother's Day is defined as a day we honor and celebrate mothers. This day is on the second Sunday of May. In Navajo culture, Mother's Day is celebrated with the entire family and gifts are presented to mothers. This is a festive time where there is plenty of food and sometimes a sheep will be butchered.

### Amásání

*Grandmother*

The grandmother's role within the Navajo family is vital to a child's upbringing. The Navajo culture is matriarchal. Grandmothers provide valuable teachings in motherhood. Often young mothers will seek the advice and council from grandmothers. Traditional practices such as rug weaving and cooking traditional foods is taught to children by their grandmothers.

### Amá yazhí

*Aunt who is younger than mother*

Within the Navajo culture, the extended family helps care for children. Sometimes this means that the aunt and uncle must act as parents. When a mother becomes sick or cannot attend to her children, an aunt takes the place for a mother's nurturing.

### Amá tsoh

*Aunt who is older than mother*

When the aunt is looking after the child, the aunt has authority like a mother. When a child is acting up, the aunt can discipline the child. In the same way, the aunt can love and nurture a child just as a mother would love and nurture her child.

### Ayázhí

*Child*

Children are one of the most precious gifts that bring fun and joy to the family. There would not be a Mother's Day if there were no children to honor their mothers.

### A matriarchal culture

In the Navajo culture, the mother, Amá, is very influential and makes many of the decisions within the family. The advice and leadership of the grandma, Amásání, is also received with great respect and consideration. In some respects, everyday is "Mother's Day" in the Navajo family.

### Mothers find hope through Navajo Ministries

Through the Four Corners Home for Children, we care for boys and girls from broken families in three of our five homes. Today, we want to share with you a program that has been a blessing to both children *and* their mothers. We began the Moms Too Program in 1996 because of increasing requests from single moms looking for the possibility of getting their lives back in order while staying with their children.

Through this outreach, these single moms and their little ones are finding a place of recovery and restoration after months or even years of abuse. The moms accepted into this program must show a willingness to change their lifestyle and become the woman and mother that God desires for them to be.

### Helping two generations at the same time

One of our recent moms says, *"I came to this place with 35 cents in my pocket and a whole lot of trouble!"* Before she left the program she was able to say, *"I was treated like family here. I now have a job and transportation and I'm ready to be out on my own again."*

The real success of this program is the fact that we are working with two generations at the same time. The moms are learning how to be a trustworthy, reliable mother and the children are learning to respect and love their mom in a safe setting that provides an environment conducive to growth and development.

In some instances we are impacting three generations as we see the single moms restore a fractured relationship with their mothers. One mom shared this insight concerning the help she received from our counselor: *"Thank you for the counseling. You were right, I will leave here with a whole new respect and love for my mother, having a relationship that I never thought was possible."*

Bringing hope and restoration to families . . . that's what this ministry is all about. It doesn't happen overnight. It takes perseverance and patience. *"Waiting does not diminish us, any more than waiting diminishes a pregnant mother. We are enlarged in the waiting."* [Romans 8:24, "The Message"]